

# A CALL FOR HEALING HUMAN RELATIONSHIP WITH ANIMALS – A SURPRISING PERSPECTIVE ON COVID 19<sup>1</sup>

By Yehuda Tagar and Jirka

As the covid 19 pandemic is gripping human civilization worldwide speculations about its deep cause abound. A whole plethora of scientific, semi-scientific and anti-scientific theories circulate, none of them seems to help in stopping the pandemic and its causes. Millions are being vaccinated everyday but no one knows for sure the effectiveness of this one solution against this ever-mutating virus. Effective remedies are still being explored, while the world's economical, social, cultural and educational life are catastrophically disrupted and destroyed. Uncertainty is the only certainty worldwide.

I am hereby making another contribution to the rich variety of possible perspectives for the collective contributors to this outbreak. This is not an explanation nor is it another conspiracy theory about coronavirus. There are enough of those already. This is a surprising insight that has emerged from the only Psychophonetics therapy session of a COVID 19 infected person from Czech Republic, who is at the same time a practitioner and an advanced student of Psychophonetics. It became an exploration about the possible message to him, and through him to those whom he is in communication with, now including you, the reader – of what he has discovered through the application of Psychophonetics to his condition, with me and with his fellow third year international Psychophonetics students of group D, Bratislava.

Based on his process we discovered together that this pandemic is connected, surprisingly, with the fundamental relationship between human beings and the animal kingdoms at this point in time. It is a strange, out of context perspective. It could be attributed just to Jirka's person, condition and process. It is a one-off case. But I felt compelled to share it, in case it could be relevant to and correlated to other people's intuition and experience.

Something terribly wrong is taking place in our relationship to the animal kingdom in the past century. They have been an essential integral component of the human food chain, cloths, shelter and culture and friends of humanity for thousands of years all over the Earth. They have so much in common with us, humans, with the capacity for pleasure and pain, fulfilment and frustration, the cycle of birth, growth, life and death like us. They are living, sentient beings, and yet – we seem to forget the original, essential destiny connection with them. We forgot the wisdom of respectful co-existence of all living beings on earth. We forgot that they are living, sensing beings. Our profound, limitless materialism taught us to regard them as inanimate objects, objects for our use, as if they have no life of themselves, no rights of themselves, no purpose in their existence, no being. And, because all this is a lie, as animals are living beings in their own right – our treatment of them became progressively more and more cruel. As this article has to be short and its main part is to be Jirka's COVID 19 recovery process with Psychophonetics – I will be short about our distorted relationship with animals. I will just list the names of the major aspects of human's cruelty against animals, and let you imagine the rest.

This is what we do to Cattle, dairy cows, domestic turkey, dogs, ducks, gees, egg laying hens, chicken, horses, goats and sheep, pigs, and animals in the wild:

*High stocking density, restricted movement, branding, castration, dehorning, ear tagging, nose ringing, restraint, tail docking, crating, restraint, artificial insemination, separation from born child, bounded by milk machines, beak-trimming, toe clipping, slaughter by beating blinding, teeth grinding, chaining, ear cropping, ear tagging, earmarking, nose ringing, tail docking, tattooing tusk trimming, cruel testing, poaching, skinning, over hunting, overfishing, and the unsustainable devastation of animal's natural habitat. I leave the rest for you to imagine.*

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<sup>1</sup> The *COVID-19 pandemic*, also known as the *coronavirus pandemic*, is an ongoing pandemic of coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). It was first identified in December 2019 in Wuhan, China. The World Health Organization declared the outbreak a Public Health Emergency of International Concern in January 2020 and a pandemic in March 2020. As of 22 January 2021, more than 97.5 million cases have been confirmed, with more than 2.09 million deaths attributed to COVID-19, across 190 countries worldwide. (Wikipedia)

We do not only destroy animals by treating them like that. We destroy ourselves, our essential humanity. They are part of us. We are both parts of something greater. They are our extended family on some level. Something in our essential humanity is being distorted if we become cruel to members of our own family. We cannot be fully human while at the same time being cruel to animals.

It seems as if we went too far in our crude materialism, cruelty, egotism, irresponsibility and neglect of animals and nature in general. It is possible that this is a time of feedback and reckoning, and this pandemic is the harsh, devastating form of this feedback from nature, here to shake us into awakening to so many of our collective distortions, individually, collectively and globally, and to start healing it all.

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This is Jirka's story:

Our close family went through a COVID infection, which in my case was confirmed by tests at the hygiene station. As a student of psychophonetics, I talked to my soul from the very beginning and actively worked on my physical health. Before I even knew I had this disease, I supported my breathing with an active experience of the H consonant sound and its contribution to the breath. The discovery of the first morning observation of the first condition of health through psychophonetics was quite clear: All the upper chakras, including the heart, were closed. If I did not consciously breathe in this situation, I would end up with unpleasant headaches in the evening at the latest. This was prevented and I did not notice any breathing problems during the whole course of the COVID infection.

In the following days, according to the moderate course of the disease with typical symptoms in my wife, I realised that a COVID had visited our family home. We were both tired, so we slept a lot. Strengthened by sleep, I embarked on the first psychophonetic survey of the disease and discovered above all the phenomenon of *fear*! At this stage, however, I thought it was my personal fear that was trying to make me sick, and I dealt with it very radically by confronting the energy field of the virus, which I considered to be successful.

During a supervisory meeting with Yehuda (online), I took advantage of the offer to go deeper accompanied by a teacher and discovered something that I had paid little attention to before, but which turned out to be a key internal message of the disease. *The fear was not only in me, it was the inner content of the virus.* Not only was I afraid of this disease, but the virus itself was full of fear and a very specific *animal fear of man*! More precisely, it was a fear caused to the animal kingdom by human cruelty, and this fear is all the more tangible the closer the animals are evolutionarily closer to man, especially mammals.

Vegetarian food, with the exception of fish, has become a matter of course for me after this process.

I would like to mention one more level of fear, and that is the strange failure of the media, which, instead of supporting the fight against the disease, has added to the effect of the disease on its own level. To this day, I do not notice any enlightenment, such as the writing of a manual on how to behave in a plague by Jan A. Comenius, at the time of the medieval plague. He also encouraged the preservation of peace and, above all, the preservation of man's own soul before the body. Which is still true today. The heroes of the fight against the pandemic are not only biochemists responsible for its origin, but they should be primarily nutrition counsellors, psychotherapists and physiotherapists, gardeners and promoters of a healthy lifestyle, trainers of various harmonising methods, wind and light therapies, etc.

During the illness, we only communicated with the doctors by phone and I did not record any collection of data about the illness and its manifestations or consequences. One of the consequences for me and my wife was a slightly impaired vision. For a few weeks, I also registered a weakening of my sexual functions, which was definitely corrected by the healing peel of the light-root (Lichtwurz root), which I ate two nice specimens in a few days. It must be said, therefore, that even the aforementioned psychophonetic process did not return to me with immediate effect all the functions and energies of a standard healthy self.

But what I have realised thanks to this process about the animal horror of man's cruelty to animals, I consider to be absolutely real, and for me it is a fact that I have experienced in a way that cannot be called into question.

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This is what Jirka decided to share with you about his own process. This is his freedom and his gift to us. Of course much more happened during the two parts of his Psychophonetics process: the process with himself and the extension of it with me and the group, online. But I cannot choose for him how much he shares about it. It could also

be that more details could be confusing to some readers that have not had a personal experience of the Psychophonetics process.

I wish only to add this, if Jirka will permit me: A deep and powerful encounter between a human being and a representation of the animal kingdom took place in front of us who were part of this process. Fear puts a limit to the first part of it. In the second part of the session, with the help of friends, the human fear was overcome. The result was an incredibly close soul-meeting between the human being and the being of animals. There was an obvious request for help. It was tender and loving and soulful. Jirka had to make a choice about the next step in the healing of this relationship. I asked him at that moment if he was prepared to do it on behalf of all of us, humans, to represent us in this meeting. He decided that he will. Then a profound and deeply moving healing meeting took place. All of us who witnessed it felt it deeply. It was bigger than all of us, and it was us at the same time it was us. That is all I can say about it now.

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That is all we are going to say about this process at this point in time. I am not trying to be mysterious. That's all that we *can* say about it now. I am sorry if this does not satisfy all the curiosity and the questions that such a strange sharing provokes. I hope it can be a seed, a stimulus, as a starting point for a healing journey for those who are inwardly ready for it and choose to enter it. There are no external guides for such a process. You are your own guide in this.

I can only hope that this story, even in its present limited form, is relevant for some of you. Take from it what you can, what you want, what is relevant to you, or not. And let the rest go.

May we all survive this pandemic and grow from it, and wake up to our greater self through this challenge, to our community, our friends in the other kingdoms of nature, the Earth, and our destiny as human beings.

Yehuda